

BREAD FOR LIFE NEWSLETTER

MAY
2011

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PATRICK GAUGHAN: RETIRING OR RE-FIRING?

At the age of 61, the average person is thinking of retiring. Not Patrick Gaughan a 61 year old retiree from Jacksonville, FL. Patrick is actually fulfilling a lifelong wish of serving the Lord in a different way.

Patrick has had an interesting life. He admits and attests to it regularly. But that is not enough to leave the comfort of home and family to serve with an indigenous ministry.

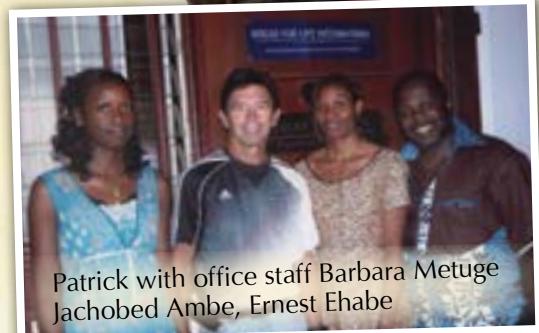
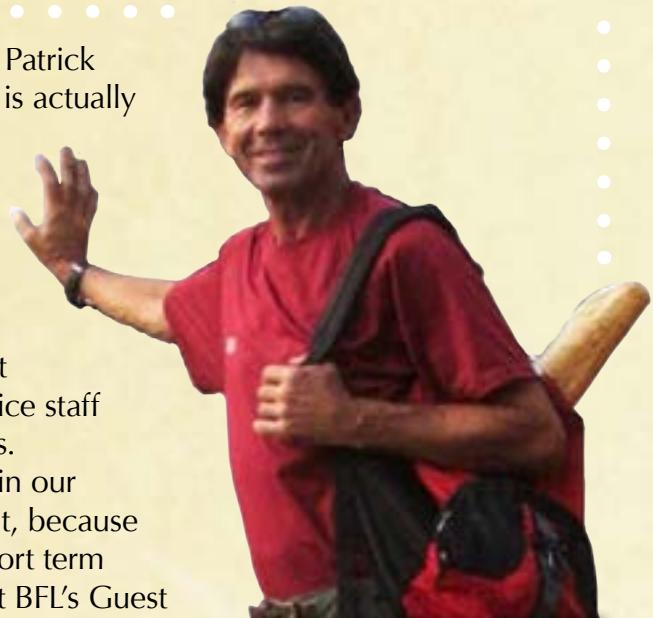
Patrick retired at the age of 55 and immediately enrolled in a Nursing School graduating as an RN. He began volunteering with **Bread for Life** five years ago and has never missed a year at our annual Medical Outreaches. Last year, Patrick joined our office staff in Yaoundé, serving as Director of Programs and Special Projects.

It didn't take long for Patrick to begin to identify the needs in our community. Needs BFL has known but could not do much about, because of other pressing commitments. Patrick with the help of other short term missionaries (Paul & Mary Hassler) began a children's program at BFL's Guest House in Yaoundé. This has evolved to serve over 100 children in biweekly attendance; coordinated (5) prison outreaches where he helped to improve the conditions within Cameroonian draconian institutions. One of the outreaches resulted to a new church plant at the Central Prison in Yaoundé. He also volunteered his service at a local Christian self-supporting hospital that works with the most impoverished people of Yaoundé; provided medical service and helped BFL develop strategic partnerships with the US Embassy in Yaoundé, the United Nations High Commission for Refugees. Patrick continues to help BFL in identifying potential grant opportunities. With the assistance of other BFL staff he helped to coordinate our 2011 Medical Outreach Program, where over 1,000 patients were treated. Patrick is using his expertise in HIV/AIDS and tuberculosis prevention to provide training for patients and medical professionals in Cameroon.

What in the world would a 61 year old retired American doing in Cameroon? Why would anyone risk his life to travel through the jungles of Cameroon under some of the most difficult circumstances? That is the question most people who know and meet Patrick Gaughan ask. A question he enjoys answering...

Patrick returned to the USA in March to do something he has done for the last 34 years – to run at the Gate River Run....

We are looking forward to having Patrick back, soon! ●



Patrick with office staff Barbara Metuge, Jachobed Ambe, Ernest Ehabe



Patrick Preaching

● EBENEZER: ● THUS FAR HAS THE LORD HELPED US!

"Then Samuel took a stone and set it up between Mizpah and Shen. He named it Ebenezer, saying, "Thus far has the Lord helped us." 1 Sam 7:12

Dear Friends:

As always, we are behind in sending out a newsletter. Our schedule since November has been incredibly hectic and busy. Nevertheless, I want to use this first ministry letter of 2011 to extend our heartfelt thanks to you, our friends, as you have come alongside this ministry even in difficult times. The road ahead remains steep, as it is for many organizations and individuals alike, but I want to sincerely thank you for allowing God to use you as you have partnered with us in faith and often great sacrifice too. I want you to know that we take your commitment to us with great solemn responsibility, and we remain undaunted as we make the most of every opportunity given to us to share the Gospel of our Lord Jesus Christ.

As I look back at the year 2010, I cannot help but join the prophet Samuel in proclaiming with gratitude:

*"Thus far has the
Lord helped us."*

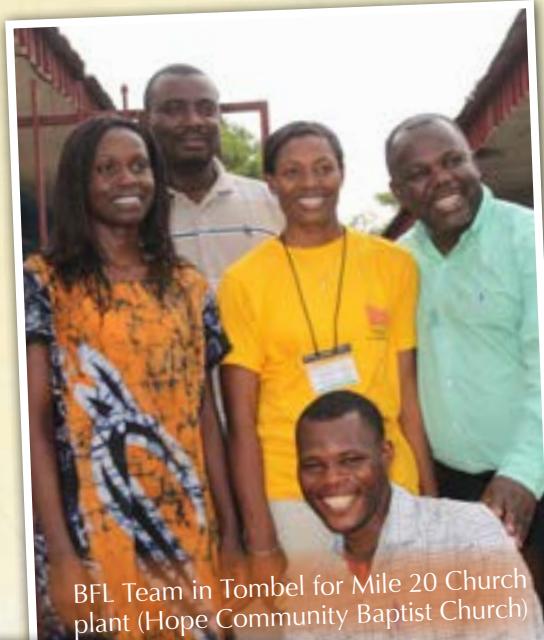
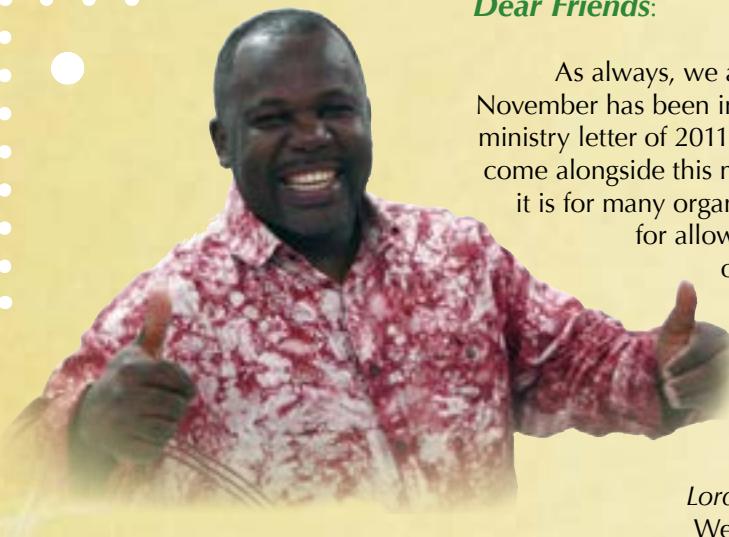
We couldn't have
done it any other way!

We began 2010 by cosponsoring a banquet for Professors and Lecturers at our country's top universities and institutes of higher learning. I had the distinct privilege of being the keynote speaker. I spoke from Proverbs 29:18, on **"The Power of Vision in Shaping Lives and Nations."** The response was more than I could ask for. It is humbling to see God use the "foolish things of this world..."

This was followed by medical outreaches in the village of Bangem and the city of Limbe where more than 1,000 received free consultation, free medication and free counseling. We saw dozens of people surrender their lives to the Lord each evening at the evening evangelistic crusades that accompanied the medical outreach. Many others said "yes" to Jesus during the day as they received free counseling and were prayed for!

I spoke to several hundred pastors at a major denomination's pastor retreat in the city of Bamenda on "glorifying God through holistic ministry." We are still receiving positive feedback from pastors who were encouraged and came to realize that the gospel is all encompassing. They learned that the gospel cannot be dichotomized, as is often the case. Several other outreaches were carried out by our team and short term missionaries who came to serve alongside us in various parts of our nation during the course of the year. Douala University Chapel was officially launched in Douala to reach students at one of our major universities. Pastor Titus was helped in launching Calvary Chapel Church in Bamenda.

We ended the year with teams led by two board members. In November, Stan Jackson led a team of four and did several outreaches in a number of prisons as well as helped at the Grace Taite Orphanage in the NW Region. Tim Nix and his wife visited during Christmas



BFL Team in Tombel for Mile 20 Church plant (Hope Community Baptist Church)



Barbara Metuge & Team from First Baptist Church of Kerrville, TX talk to about 1,000 on Abstinence, AIDS and the gospel

(Continued from page 2)

for eleven days with stops to see our work in different parts of the country.

Our literacy initiative to reach the predominantly Muslim and Animistic Northern Cameroon grew with three additional helpers joining Adeline Talla. Barbara Metuge joined our Yaoundé office team to help us identify grants and other sources of funding and to raise a prayer team and awareness. Clifford Meduke joined our team to focus on training farmers on innovative agricultural skills and on rural evangelism.

We could not have done all these without your prayers and financial support - "Thus far hath the Lord been with us."

We started 2011 with several outreaches in major prisons in and outside Yaoundé. God has blessed these outreaches with new converts, we are making efforts in helping these prisoners become disciples. A new church was planted in the Central Prison in Yaoundé, more than 50 prisons were Baptized in the maximum security prison of Nkondengui and also the Akonolinga Prison. Pastor Emmanuel Chongwa is running with this vision. We are also grateful to our Texas friends (Bob & Carol) who have committed \$500 monthly to support the efforts in Prisons!

Our annual Medical Outreach took place in Tombel in January. More than 1,000 received free consultation, free medication and counseling. The turnout in our evening evangelistic crusades was unprecedented. The Roman Catholic Church in Tombel, for the first time allowed us to rent their soccer field for our evangelistic crusade. More than 500 people

surrendered their lives to Christ in the evening outreaches. Our team continues to be active on campus and student ministries through HIV/AIDS and abstinence education presentation. A few thousand young people were exposed to the gospel through this arm of outreach from January through March.

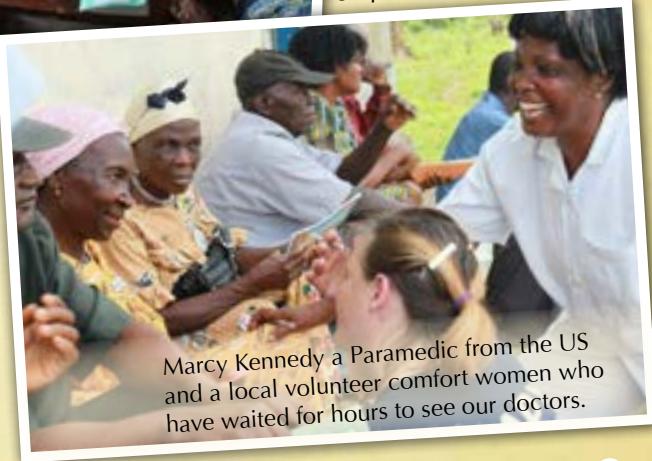
In March, we did an outreach in the village of Mile 20 where a small group of believers had prayed for a church to be planted. These outreaches were done with a team of six young people from First Baptist Church. More than 600 people surrendered their lives to Christ. Hope Community Church was planted as a testimony to this outreach and the faithfulness of

God! Dr. Ken Mitchell, senior Pastor of Westside Chapel in Jacksonville, Florida returned to do our annual "Rightly Dividing the Word Conference" in the city of Yaoundé, Tombel & Bamenda. We had an average of 150 pastors each day in Bamenda and Yaoundé and about 35 pastors in Tombel. Many pastors are still writing to express their gratitude and appreciation for this conference!

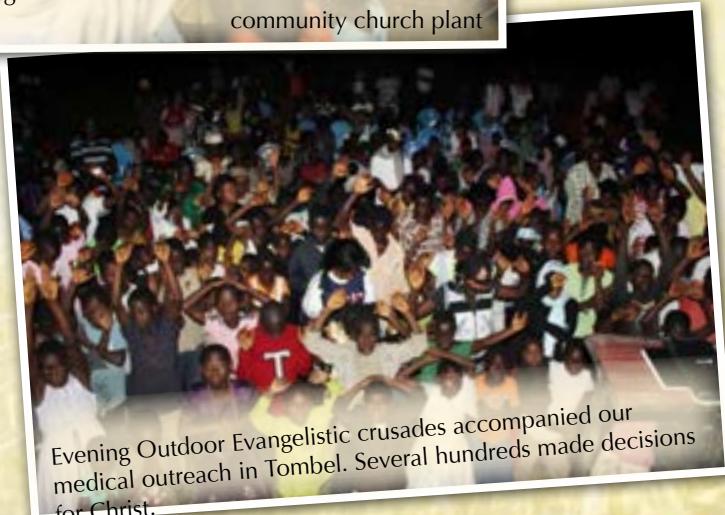
We could go on and on. All of this has been possible because of your prayers and loyal support. May we always do it for the glory of the One who came, so we all may have bread for life!

Thank you for allowing me the privilege of writing to you.

Gene LeClair serves prescriptions at our makeshift pharmacy in Tombel. Gene retired as an Officer in the US Army and has found fulfilment as a BFL volunteer in the USA and in Cameroon. This was Gene's 7th Short term trip to Cameroon since 2005, and the gospel



Dozens of folks came up each evening at our Mile 20 Evangelistic crusade which has resulted to a vibrant community church plant



Evening Outdoor Evangelistic crusades accompanied our medical outreach in Tombel. Several hundreds made decisions for Christ.

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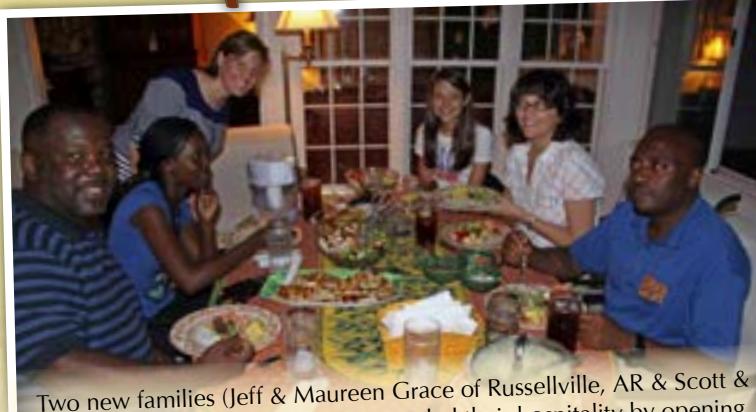


ITINERATING IN THE USA: WITH TWO TEAM MEMBERS

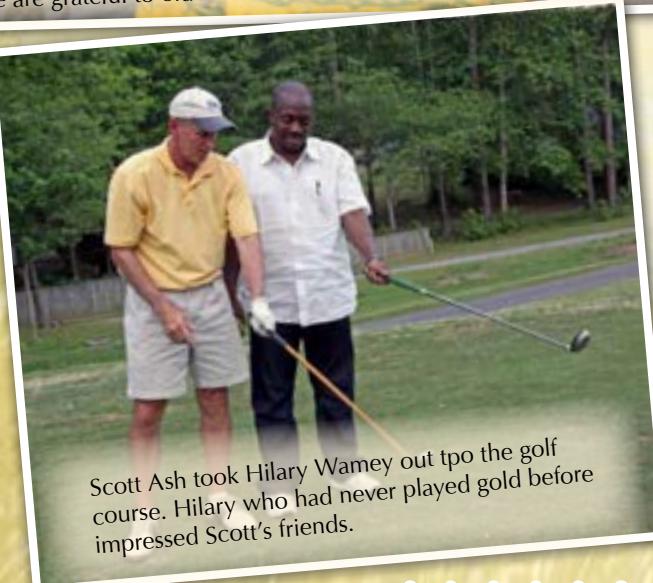
Be careful about what you pray for! It has been my desire to work myself out of work. That may happen soon. God is raising others with a similar passion and vision to take responsibilities at BFL, that way I am not doing 20 people's work as I have done the last 15 plus years. I have spent the last few years trusting God to raise the right people. God seems to be doing that. We are now working on 2 Timothy 2:2 principle. We are seeing God work in the heart of several indigenous staffers. Many are taking on roles they never envisioned and doing great at them.

Barbara Metuge & Hilary Wamey are two of many staffers at BFL that God is stretching. They are both itinerating with me in the USA. Hilary is helping to share our vision and to preach alongside me in churches. Barbara is taking courses and learning the art of grant writing. I appreciate your prayers for both of these team members. Barbara will be in the USA through June 24th. Hilary and I will return to Cameroon in mid May. Pray that they are both able to generate their personal support as well as what they need to operate their areas of assignment in BFL. I am hoping to drastically cut my traveling and work schedule by October. The next time you read a newsletter, it may not be from me. It may be from one of my staff. They next time you see somebody sharing about BFL, it may not be me. It may be one of our team members.

Be praying as we go through this transition of seeing other indigenous staff members doing what I alone have done for years.



Two new families (Jeff & Maureen Grace of Russellville, AR & Scott & Kim Ash of Peachtree city, GA) extended their hospitality by opening their homes to my team in 2011. A meal at the with the Ash family! We are grateful to old friends who continue to open their homes to us.



Scott Ash took Hilary Wamey out to the golf course. Hilary who had never played golf before impressed Scott's friends.

OF POWERBOATS & SAILBOATS: DIFFERENCE BETWEEN THE WEST & THIRD WORLD OPERATIONS

Powerboats have everything they need on board, all they need is piloting, managing, and scheduling. Sailboats, on the other hand, depend on-or are at the mercy of external elements such as the wind. So whereas Westerners may look upon a mission project as a business proposition, where the end result is all important, indigenous people and third world agencies and churches view a mission proposal more as a journey, with the trip being as important as the destination.



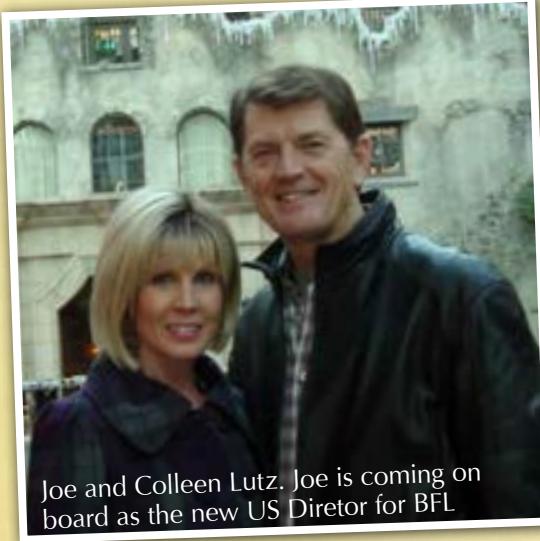
The typical Westerner from highly developed nations where the electricity is always on and the water always runs may think all that is necessary is to appraise the task, set the goals, acquire the equipment or necessary tools and materials, and "just do it."



Indigenous missions and agencies from the less developed world, on the other hand, often never know whether the electricity will be on, or when it will quit. They live in a world of unpredictability and are used to bumps in the road or no road at all. Their circumstances force them to make adjustments as they go and seek God's provision and intervention.

POINTS FOR PRAYER & PRAISE

† We are thankful for the ministry of **Dr. Kenneth Mitchell** of Westside Chapel in Jacksonville. Dr. Mitchell visited Cameroon for the second time in a year to teach in our "**Rightly Dividing the Word Conference**." The response this year was more than we prayed for as more pastors and church leaders showed up. We are still getting expressions of gratitude from pastors and church leaders. We will be sharing more about this new ministry in our next newsletter.



Joe and Colleen Lutz. Joe is coming on board as the new US Director for BFL

† **Joe & Colleen Lutz**, a businessman from Houston, TX will be joining BFL in the USA – to serve as our US directors in bringing awareness and encouraging the American church on mission and evangelism. We are thankful to the Lord for sending us such caliber of servants.

† Another **off road vehicle** has been made available to us. We are trusting God for \$20,000 to cover the cost of buying, shipping as well as custom duties. We already have about \$1,800 designated towards this.

† We badly need a **15 or more passenger van** to transport our short term teams in Cameroon. The cost of renting vans in the country is becoming prohibitive and counterproductive.

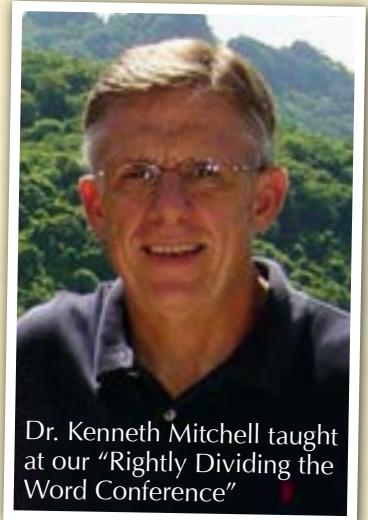
† We also trust the Lord for several **evangelistic and medical outreach tools**:

a bus to transform into a mobile medical clinic; an evangelistic crusade platform that can easily be dismantled; outdoor sound system.

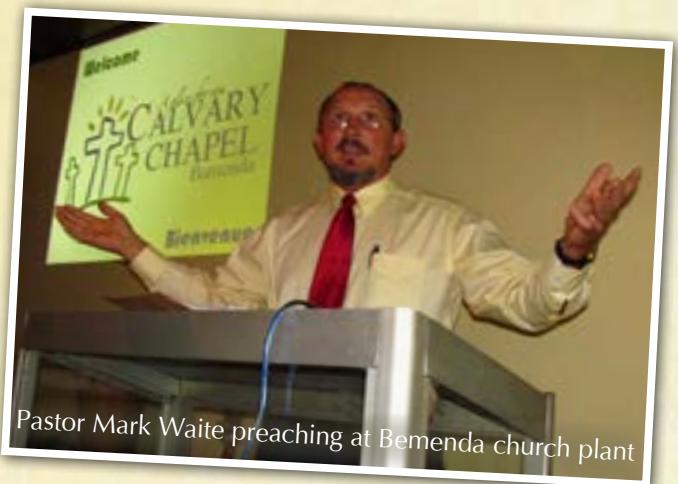
† Be in Prayer for **Pastor Mark Waite** as he transitions. Mark was a senior pastor in NM. He stepped down last year and is moving to Cameroon to serve alongside BFL. He will take over the orphanage while looking at initiating new church plants among the unreached Fulani & Fulfube tribes in the North of Cameroon.

† Be praying with us as we trust God to provide **100 % of our budget** this year, especially that of individual team members. From October, my involvement (travels) with the ministry will drastically reduce, I have been praying about taking a much needed sabbatical. Pray for me, my family as well as personal and ministry direction.

We appreciate your standing with us in prayer (1 John 5:14-15).



Dr. Kenneth Mitchell taught at our "Rightly Dividing the Word Conference"



Pastor Mark Waite preaching at Bemenda church plant

YOU CAN CONTACT US

If you would like to donate to BFL, you may send your tax deductible gifts to:

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